



# CAMP ABILITIES TUCSON

**June 1-7, 2025**

## **AZ School for the Deaf & Blind**

Camp Abilities is an overnight educational sports camp for children and young adults ages 7 and older who are blind, deafblind, or have multiple disabilities including visual impairment.



## **CAMP ACTIVITIES**



**Beep baseball**



**Swimming**



**Horseback riding**



**Hiking**



**Soccer**



And more including strength training, archery, golf, and basketball



### **OUR GOAL**

The purpose of the camp is to empower young people with visual impairments to be physically active, improve their overall health and wellness, encourage them to make food choices that support an active lifestyle, and develop their confidence and self-esteem through sport and physical activity.



### **OUR PROGRAMS**

Youth Camp (ages 7-17)  
Adult Camp (ages 18+)  
Coach in Training (ages 15-17)

Visit our website for more information on our offerings.



### **REGISTRATION**

Register online through our website or contact us at [CampAbilitiesTucson@gmail.com](mailto:CampAbilitiesTucson@gmail.com)

## **CONTACT US**



[www.CampAbilitiesTucson.org](http://www.CampAbilitiesTucson.org)



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